

<b>Class Name</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Strength</b>	4:00PM & 6:00PM	5:00PM & 7:00PM	4:00PM & 6:00PM	5:00PM & 7:00PM	4:00PM & 6:00PM
<b>Speed &amp; Agility</b>	5:00PM & 7:00PM	4:00PM & 6:00PM	5:00PM & 7:00PM	4:00PM & 6:00PM	5:00PM
<b>Evals</b>	NA	NA	NA	NA	7:00pm ONLY 3 per group- Appt only